

HEALING INTERGENERATIONAL WOUND : AN INTEGRATIVE RELATIONAL-NEUROBIOLOGICAL APPROACH



Calling: Clinicians at All Levels

In this workshop, Dr Fishbane explores ways to facilitate healing and dialogue in distressed relationships between adults and their families of origin, especially parents. Utilizing a resilience-based view and an integrative relational-neurobiological approach, she addresses family legacies and loyalties, resentment and blame and many more. We will explore the positive impact of resolving old intergenerational issues on adults' ability to parent their children and their couple relationships.

Key Takeaways

- Identify problematic reactive interactional patterns between adults and their families of origin, and ways to intervene to facilitate change in the intergenerational family.
- Help clients 'grow up' their views of and current relationships with parents, seeing parents as real people on their own life journey.
- Help clients become more relationally empowered in intergenerational relationships, increasing emotion regulation, connection, and generosity in the family.

September 27, 2024 (8am to 11am) | Mona Fishbane, Ph.D.

Online Webinar



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2017 Family Psychologist of the Year - The American Psychological Association (Society for Couple & Family Psychology)

Mona lectures nationally and internationally, and has also published numerous articles on couple therapy, intergenerational relationships, and interpersonal neurobiology.

\$350/webinar

**All fees are subjected to prevailing GST*