

# **COUNSELLING AND CARE CENTRE**

# Post Graduate Diploma in Clinical Supervision

**PGDCS** 

4 July 2024 to 30 May 2025

The course will be funded under the non-preapproved CCF route for VWOs.

## **COURSE DETAILS**

## Introduction

The Post Graduate Diploma in Clinical Supervision is designed to help senior social service professionals develop their supervision practice in clinical work by equipping them with knowledge and skills essential for competent clinical supervision. Clinical supervision is a task that senior social workers and senior counsellors are frequently expected to shoulder as part of their job description. It is crucial in ensuring a high standard of service, to further the professional development of staff and to support staff in the demanding cases that they handle.

# **Learning Outcomes**

This course enables participants to:

- 1. Grasp concepts and theories of supervision.
- 2. Describe and demonstrate supervision skills.
- 3. Utilise the systemic approach as a practice model of supervision.
- 4. Understand how to work with supervisees and supervisory issues.
- 5. Develop personally and professionally through developing self-reflexivity in clinical and supervisory practice.
- 6. Enhance competency in supervision practice through experiential learning of a variety of supervision modalities, including live supervision and supervision-of-supervision (SOS).

# **Duration**

165 hours (part-time), 11 months.

# **Structure**

The course offers 165 hours of theoretical teaching, supervision practicum, and personal development sessions. Other than occasional exceptions, classes are held on Thursdays from 9am to 1pm. The distinctive feature of this course lies in the provision of live supervision of trainees' supervision of their staff-supervisees from their respective agencies. As part of this experience, trainees will have the opportunity to engage in regular team reflections where feedback on supervisory practices and processes are exchanged.

COURSE MODULES	TRAINERS
1. Concepts & Theories of Supervision	Cheryl Lim, Foo Soo Jen, Steven Soh
Person of the Supervisor &     Issues of Supervision	Foo Soo Jen, Jadelyn Lim (Mrs Jade Low), Sharon Koh (Mrs Sharon Sng), Steven Soh, Terence Tan, Tony Ong
Methods and Skills of     Supervision Practice	Cheryl Lim, Foo Soo Jen, Jadelyn Lim (Mrs Jade Low), Sharon Koh (Mrs Sharon Sng), Terence Tan

Minimum Class Size: 12

Average Teacher-Student Ratio: 1:6

# **Teaching & Learning Strategies**

Group supervision will be conducted in small groups (less than 10 persons) in our premises. Each group will be assigned a course supervisor who will facilitate interactive and experiential learning processes such as group discussions, reflective exercises, discussions of audio/video-recorded segments of client work, as well as group feedback on supervisory practices.

## **ENTRANCE REQUIREMENTS**

## Applicants should:

- 1. Be at least 24 years old and is proficient in English.
- 2. Possess a degree in Counselling, Psychology or Social Work and/or post graduate diploma in Social Work or Counselling.
- 3. Preferably have completed basic training in systems thinking such as "Foundational Certificate in Systemic Thinking and Applications" conducted by CCC.
- 4. Have a minimum of 3 years of clinical/casework experiences within the current and immediate past years.
- 5. Have at least 2 years of clinical supervision practice which include providing supervision for two staff supervisees in their own work settings.

6. Be able to obtain relevant permission for audio/video recorded materials from their work agencies to be utilised for supervision in class, and for their supervisees to be brought in for live supervised practice.

## REQUIREMENTS FOR COMPLETION

## **Methods of Assessment**

Supervision position paper, learning portfolio, 50-hr agency supervision log; clinical supervision viva and project paper.

#### Trainees should:

- 1. Attain attendance of at least 80% of total 165 course hours.
- 2. Submit 'Supervision Position Paper '.
- 3. Submit 50-hour log for agency supervision work.
- 4. Participate in personal development sessions.
- 5. Obtain a pass grade for the Learning Portfolio, Clinical Supervision Viva, and Project Paper.

Trainees will be awarded 'Post Graduate Diploma in Clinical Supervision' upon fulfilling the Requirements for Completion.

# **Opportunities for Further Education**

#### **Post Graduate Certificate in:**

- Systemic Thinking and Approaches
- Systemic Practice with Children, Youth and their Families
- Systemic Practice with Couples

## **Post Graduate Diploma in:**

• Family and Systemic Practice

## **APPLICATION**

# 2024/2025 Intake

Upcoming Intake: July 2024

Date of commencement: 4 July 2024

Date of completion: 30 May 2025

# **Documents for Application**

Submission of the following supportive documents is required for processing of the application:

- 1. CV
- 2. Educational qualifications and highest English language proficiency (with grades attained, if applicable)
- 3. Completed Letter of reference from the home agency/ Employer
- 4. Personal statement A letter of introduction not exceeding 500 words on your reasons and/or experiences that have shaped your desire to apply for this course of study

# **Shortlisted Applicants**

- Applicants will be notified via email within 7 days from the closing date of application if they have been shortlisted for an interview.
- Only shortlisted applicants will be scheduled for an entrance interview to assess suitability for admission into the course.
- Shortlisted applicants are expected to prepare an audio/videotaped segment of their clinical work in their work settings as part of the interview.
- The Interview will be scheduled between 15 April to 29 May 2024. Applicant will be notified via email within 14 working days after the end of interview period if they are accepted to the course.

# **How to Apply**

Applications are **now** open. Please submit the Training Application Form using the following link:

https://counsel.org.sg/post-graduate-diploma-in-clinical-supervision-pgdcs/

Kindly refer to our website for updates of the closing date.

## **Course Fee**

Course Fee: \$12,109.90 FPS Premium: \$121.10

Total Course Fee: \$12,231.00

No. of Instalments: 1 Application Fee: \$163.50

All fees quoted are inclusive of prevailing GST.

\*FPS is Fee Protection Scheme. FPS premium amounting to 1.0% of the Course Fees (subject to a minimum premium of S\$25.46) will be paid by the trainee. Application fee, FPS premium, and GST are non-refundable.

For more information about fee payment structure, please refer to the following link in our website. <a href="https://counsel.org.sg/fee-payment-structure">https://counsel.org.sg/fee-payment-structure</a>

## **Contact Us**

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