



Can I Give You a TIP (Transforming Interpersonal Patterns)? Inviting Healing Conversations in Practice

**Workshop 1: 27 & 28 May 2024, 9.00 am to 5.00 pm
@ YWCA Fort Canning Lodge**

Presented by

Dr Joaquín Gaete-Silva and Dr Inés Sametband

Workshop Synopsis:

TIPs are forms of dialogue that facilitate therapeutic change by helping clients transition from dispreferred or Pathologizing Interpersonal Patterns (PIPs) to mutually preferred ways of relating (or Wellness and Healing Interpersonal Patterns; W-HIPs). In this two day workshop, Joaquin and Inés will introduce TIPs as a way of understanding the therapeutic process through a theory of change informed by bringforthism and the interventive interviewing framework. They will focus on Realignment TIPs, and will provide therapists with specific patterned ways for them to help family systems transition from coercive forms of relationship to preferred forms of family cooperation.

Learning Outcome:

Participants will understand interpersonal conflict in couples and family systems from a bringforthist (second order systems) perspective. Utilisation of the IPscope model in family therapy the concept of TIPs to understand conversational reflexivity and its role in bringing forth therapeutic change.

For Whom: Social Workers, Counsellors, Family Therapists, Psychiatrists and Psychologists.

Workshop Fee: \$1308.00 w/GST (Lunches and tea-breaks are provided)

- ✓ Eligible NCSS / MSF-funded Social Service Organisations only
 - Pre-approved PCG subsidy of \$392.40
 - \$915.60 w/GST per participant (Singaporean/ PR)
 - Pending PCG per participant (Employment Pass Holder)

Registration closes on: 12 April 2024 (for VWO) / 22 May 2024 (for Non-VWO)

Registration form: [Click here to register!](#)



Joaquín Gaete-Silva, PhD., is the Executive Director at the Calgary Family Therapy Centre (www.familytherapy.org), where he also practises family therapy and clinical supervision. He is an Adjunct Assistant Professor at the University of Calgary, and a Registered Psychologist in Alberta, Canada. He has been conducting research on Transforming Interpersonal Patterns for over a decade. His practice and research is informed by cultural psychology, with a focus on interpersonal conflict, problematic disruptive behavior, change process, and clinical supervision.

Inés Sametband, PhD., is an Assistant Professor in the Department of Psychology at Mount Royal University, and a registered marriage and family therapist (AAMFT). Her practice as an instructor, researcher, and clinician is informed by discursive and collaborative family therapy approaches. Her research focuses on how locally relevant cultural ideas and practices influence family relations, and how they feature in family therapy conversations. Dr. Sametband co-designed this workshop with Dr Gaete-Silva, and will be sharing online some "TIPs" on how family therapists facilitate conversations with clients in ways that recognize and are inclusive of clients' preferred cultural memberships.