



## Counselling and Care Centre

# Realising Relational Preferences using Internalised Other Interviewing with Individuals, Couples and Families

Workshop 2 : 30 & 31 May 2024, 9.00 am to 5.00 pm  
@YWCA Fort Canning Lodge

Presented by

**Dr Joaquín Gaete-Silva and Dr Inés Sametband**

### Workshop Synopsis:

Joaquin and Inés have specialised in researching and training Transforming Interpersonal Patterns (TIPs) as a key component of such model and have developed a taxonomy of three types of TIPs helpful to navigate “the three M’s” of conflict (misalignments, misrecognition, and mistrust) that often emerge from problematic management of conflict amongst family members, couples and other subsystems. Accordingly, the presenters have developed “the three R’s” of TIPs: Realignment TIPs, Recognition TIPs, and Reconciliation TIPs.

In this two day workshop, the presenters will focus on Recognition and Reconciliation TIPs, and will introduce the Internalized Other Interview and other specific patterned ways in which therapists may interview family systems to address relational injuries and misrecognition of legitimate otherness.

### Learning Outcome:

Participants will understand and utilise the concept of TIPs and make practice-oriented discriminations amongst types of interpersonal conflict to maximise therapeutic effectiveness. Learn a series of questions to conduct an internalized other interview and to open space for forgiveness and reconciliation in couples and families.. Understand the purpose of Negative Inquiry as a form of enabling forgiveness.

**For Whom:** Social Workers, Counsellors, Family Therapists, Psychiatrists and Psychologists.

**Workshop Fee:** \$1308.00 w/GST (Lunches and tea-breaks are provided)

- ✓ Eligible NCSS / MSF-funded Social Service Organisations only
  - Pre-approved PCG subsidy of \$392.40
  - \$915.60 w/GST per participant (Singaporean/ PR)
  - Pending PCG per participant (Employment Pass Holder)

**Registration closes on:** 12 April 2024 (for VWO) / 22 May 2024 (for Non-VWO)

Registration form:

[Click here to register!](#)



Joaquín Gaete-Silva, PhD., is the Executive Director at the Calgary Family Therapy Centre ([www.familytherapy.org](http://www.familytherapy.org)), where he also practises family therapy and clinical supervision. He is an Adjunct Assistant Professor at the University of Calgary, and a Registered Psychologist in Alberta, Canada. He has been conducting research on Transforming Interpersonal Patterns for over a decade. His practice and research is informed by cultural psychology, with a focus on interpersonal conflict, problematic disruptive behavior, change process, and clinical supervision.

Inés Sametband, PhD., is an Assistant Professor in the Department of Psychology at Mount Royal University, and a registered marriage and family therapist (AAMFT). Her practice as an instructor, researcher, and clinician is informed by discursive and collaborative family therapy approaches. Her research focuses on how locally relevant cultural ideas and practices influence family relations, and how they feature in family therapy conversations. Dr. Sametband co-designed this workshop with Dr Gaete-Silva, and will be sharing online some “TIPs” on how family therapists facilitate conversations with clients in ways that recognize and are inclusive of clients’ preferred cultural memberships.