



Counselling and Care Centre

Certificate in Working with Older Adults with Chronic illnesses and their Families

Training Dates: 21 & 28 June and 19 & 26 July 2024, 9.00 am to 5.00 pm

Trainers: Dr. Chua Wei Bin, Dr Yen Peng Wong, Dr Gilbert Yeo, Jeffrey Ng, Chee Wai Yee, Julia Lee and Priscilla Tor

Synopsis:

This course is the first of its kind where we engage a multi-disciplinary team to develop the course and to ensure that participants will be able to understand it from a more holistic perspective.

With the ageing population, many of us will have to learn how to live with chronic illnesses. The future of medical care would probably have to move closer to homes and communities where individuals live as we seek to reduce dependency on the health care systems. This will inevitably mean that families will need to learn how to support and care for their family members who have chronic illnesses. This would especially be true for Singapore where we see Family as the first line of defence in our social welfare.

Learning Outcome:

The participants will be able to understand in the holistic perspective to engage with families and at the same time have a wide understanding of different aspects that might have an impact on the patient and their families.

For Whom: Clinicians, Health Care Professionals

Workshop Fee: \$2,725.00 w/GST (under Non Pre-approved PCG)

Registration closes on: 14 June 2024

Registration form:

[Click here to register!](#)



Dr Chua Wei Bin, Executive Director of Counselling and Care Centre, who has a PhD in Social Work, Masters of Science in Family and Systemic Psychotherapy. With a wealth of experience, vision and unwavering passion has made significant contributions to the field of counselling, training, consultation and community care. With his experience as Director of Community Care of National Kidney Foundation, he played a pivotal role in ensuring holistic support to renal patients and their families. In addition, he led a team of Allied Health Professionals, such as social workers, counsellors, exercise specialists, and nutritionists, to deliver quality and integrated care to our clients. He also improved the processes and governance within the department and initiated innovative projects to enhance the patient experience and outcomes.



Dr. Yen Wong, Senior Clinical Psychologist, National Kidney Foundation, who graduated with a Doctor of Clinical Psychology postgraduate degree from the University College London. She has practised in various local and international hospital and community-based settings, serving clients across the development lifespan. In particular, Yen has spent the past few years working with older adults with chronic illnesses within the community setting. She works within a multidisciplinary setting in collaboration with other healthcare professionals to meet patients' complex needs.



Dr. Gilbert Yeo, Associate Consultant at the Department of Transitional Care, Woodlands Health, where he oversees the coordination and continuity of care for patients with complex needs transitioning from hospitals to home or long-term care facilities. He completed his Advanced Specialty Training program in Family Medicine, earning fellowships from the College of Family Physicians and the Academy of Medicine, Singapore. Dr. Yeo's interest lies in multimorbidity, palliative care, and the integration of medical and social care. He actively contributes to medical training and faculty development for family medicine at the Lee Kong Chian School of Medicine and the College of Family Physicians.



Jeffery Ng, Assistant Director of Nursing for Training and Education, of St Luke Hospital, who has Post Basic Certification in Intensive Care, Bachelors in Nursing Science, Adv Diploma in Renal Nursing, Master of Science majoring in Clinical Leadership. Jeffery's journey exemplifies continuous learning, adaptability and a passion for nursing excellence, extending beyond patient care, impacting the next generation of nurses. He has worked in the Intensive Care Unit at Mt Elizabeth Hospital for eight years and cared for dialysis patients for over two decades.



Chee Wai Yee, has MSc in Palliative Care, is a Master Social Worker (Palliative Care) and Executive Director, The Compassionate Network. It supports family caregivers to fulfil their roles and achieve peace of mind, when their loved ones are nearing the end of life. She also teaches end-of-life care and grief counselling in the Master of Gerontology and Master of Counselling programmes with the Singapore University of Social Sciences. She is a member with the NUHS Patient and Family Advocacy Council and is active as a Social Service Fellow with the National Council of Social Service. Beyond Singapore, Wai Yee teaches and supervises on the China Psychosocial Program initiated by the Asia Pacific Hospice Palliative Care Network (APHN).



Julie Lee, Group Head, TOUCH Professional Deputies & Donees (PDD) and Social Work, holds a Masters in Health Science (Gerontology) and Bachelors in Social Work. She is a registered social worker in the field of eldercare. She spearheaded PDD which a team of proxy decision-makers who step in to make important decisions on behalf of individuals who lack mental capacity. She has contributed to the appointment of TOUCH Senior Activity Centre as the Centre of Specialisation by NCSS, in view of its good work in meeting the needs of the elderly. Hence, she has been conducting courses to share TOUCH's experience with other social service agencies.



Priscilla Tor, Therapist, Counselling and Care Centre, has Graduate Diploma in Social Work and Graduate Diploma in Counselling Practice. Presently, she is supporting clients who experience burn-out, caregiving stress, grief and loss, depression, trauma, anxiety and relationship issues with individuals and groups and families. She has worked in different settings in community work, rehabilitative setting, family service centres and social enterprise. In the past, she has worked deeply with families with autism and dementia. It has been a rewarding experience in instilling hope and understanding for families to emerge from being helpless to becoming resourceful.