



Counselling and Care Centre  
**Certificate in Supervision for Professionals**  
**(Preparatory Course in Supervision)**

Training Dates: 5, 12, 19, 26 March 2025, 9.00 am to 5.00 pm

**Trainers: Rebecca Lo and Nur Hilyah Saparin**

**Synopsis:**

Effective supervision involves not only technical competence but also interpersonal skills, cultural awareness, and a commitment to professional growth.

The trainers will address the common challenges in supervision:

- How do you evaluate the effectiveness of a supervisor?
- Can you give me an example of a supervisory relationship?

**Learning Outcome:**

It aims to prepare participants to become supervisors in the social and medical care settings. It will seek to equip participants with knowledge and skills to allow them to transit from being a clinician to a supervisor. Participants would be introduced to basic concepts of supervision and professional ethics of being a supervisor. This course would also impart practical skills such as giving feedback, dealing with disagreements from supervisees and how to manage the challenges of being a supervisor.

**For Whom:**

1. Aspiring Supervisors: Who may have experience in their respective fields but are new to the supervisory role. These practitioners come from diverse backgrounds (e.g., psychology, education, nursing) and are transitioning into supervisory roles.
2. Social Workers: Who play a crucial role in various settings, including healthcare, community services, and child welfare and their expertise in understanding social issues, client advocacy, and case management.
3. Supervisors: Who are experienced professionals who guide and mentor others in their field.

**Workshop Fee:**

\$2180.00 w/GST

Eligible NCSS / MSF-funded Social Service Organisations only

- o Pre-approved PCG subsidy of \$654.00
- o \$1526.00 w/GST per participant (Singaporean/ PR)
- o Pending PCG per participant (Employment Pass Holder)
- o Limited vacancies for PCG subsidy

**Registration closes on:**

By 15 Jan 2025, for PCG subsidy. By 26 Feb 2025, for Non-PCG subsidy



Registration form:  or link: [tiny.cc/SupCCC](https://tiny.cc/SupCCC)

| DAY   | DATE<br>(9am to 5pm)      | COURSE CONTENT   | TRAINERS                          |
|-------|---------------------------|--|-----------------------------------|
| Day 1 | Wednesday,<br>5 Mar 2025  | <ul style="list-style-type: none"> <li>• What is Supervision?</li> <li>• Different types of Supervision</li> <li>• Functions of Supervision</li> <li>• The role of Supervision in the growth of a clinician</li> <li>• Boundaries in supervision - do and don'ts in supervision</li> <li>• Supervision contract</li> </ul> | Rebecca Lo,<br>Nur Hilyah Saparin |
| Day 2 | Wednesday,<br>12 Mar 2025 | <ul style="list-style-type: none"> <li>• The Professional growth and development pathways of a professional</li> <li>• Learning and Deutero learning</li> <li>• Giving Feedback and Different types of appraisal systems</li> <li>• Dealing with different challenges that Supervisees might bring</li> </ul>              | Rebecca Lo,<br>Nur Hilyah Saparin |
| Day 3 | Wednesday,<br>19 Mar 2025 | <ul style="list-style-type: none"> <li>• Different modalities of supervision - team, peer, group</li> <li>• Using tape reviews in supervision</li> <li>• Live supervision - interventive vs supportive</li> </ul>  | Rebecca Lo,<br>Nur Hilyah Saparin |
| Day 4 | Wednesday,<br>26 Mar 2025 | <ul style="list-style-type: none"> <li>• Self of the supervisor</li> <li>• Emotional challenges of the supervisor</li> <li>• Practice and role plays</li> </ul>  | Rebecca Lo,<br>Nur Hilyah Saparin |



Rebecca Lo, is an Associate Trainer of Counselling and Care Centre. For more than 27 years she is engaged in working with families, children and youth in areas of counselling, casework and group work services, which include consultation to social workers/ counsellors. In addition she is very experienced as trainer which involves In teaching and supervision for the Graduate Diploma in Counselling Practice (2008-2021), the Diploma in Clinical Supervision (2010-2021), and the Master of Science in Family and Systemic Psychotherapy (2007- -2012), and teaching for the Post-Graduate Certificate in Systemic Thinking and Approaches (2013-2021), and the Post-Graduate Diploma in Working with Couples and Families (2014-2021).



Nur Hilyah Saparin, works as Principal Social Worker/ Supervisor/ Consultant (freelance). She has 22 years of experience in working with children and families facing varying challenges. With more than 10 years of social service management and practice leadership, she is passionate about coaching and training of social workers and social work leaders. She now freelances as a clinical supervisor for social service practitioners and conducts parenting programmes as well as consultation. Since November 2023, Hilyah has been empanelled as a Child Representative of the Syariah Court of Singapore.