



COUNSELLING AND CARE CENTRE

Post Graduate Certificate in
Systemic Practice with Children,
Youth and their Families

PGC-CYF

13 September to 13 December 2024

The course will be funded under the non-preapproved PCG route for VWOs.

COURSE DETAILS

Introduction

This is an 84 hours part-time programme to equip trainees to work with children, youth and their families. This programme will provide trainees with a greater understanding of the dynamics of children, youth and their families from a systemic framework. Its distinctive feature is the emphasis on facilitating trainees' development of a repertoire of skills and techniques through guidance and supervision on their clinical practice with children, youth and their families.

Learning Outcomes

This course enables participants to:

1. Provide an intermediate level of theoretical and clinical training in working with children, youth and their families, with a systemic approach.
2. Enable trainees to apply clinical and case management skills appropriately in convening and engaging children, youth and their families in a range of challenging issues and in working with them systemically in multi-disciplinary settings.
3. Increase self- reflexivity of trainees by generating an understanding of self as a practitioner in clinical practice and in management of ethical dilemmas.

Duration

84 Hours, 5 months

Structure

The course will be on Fridays, 9am to 5pm.

COURSE MODULES	TRAINERS
<p>1. Principles and Precepts in Working with Children, Youth and Families</p> <p>In this component, trainees will revisit and reconnect with a selection of systemic theories and models that are effective for working with children, youth and families. It seeks to lay a theoretical foundation based on systemic concepts, and introduce useful frameworks of practice.</p>	<p>Cheryl Lim Dr. Ang Xinying Tony Ong</p>
<p>2. Understanding the emotional world of children and youth</p> <p>This component focuses on understanding children and youth, their development, their relationship with play, socialization and change. This includes working with children, youth and their emotions, children and youth who had experienced traumatic experiences, and skills in bringing forth strength and resilience.</p>	<p>Cheryl Lim Dr. Ang Xinying Foo Soo Jen</p>
<p>3. Supervision of Clinical Practice with Children, Youth and their Families</p> <p>□ Opportunities will be given to trainees for the acquisition and honing of counselling skills in working with children, youth and their families through skills demonstration and practice, group and individual supervision.</p>	<p>Cheryl Lim Dr. Ang Xinying</p>

Minimum Class Size: 10

Average Teacher-Student Ratio: 1:10

Teaching and Learning Strategies

Group supervision will be conducted in small groups (not more than 10 persons) at our premise. Each group will be assigned with a supervisor for interactive and experiential learning such as group discussions, reflective exercises, audio/video-taped demonstration of clinical work and supervised practice of clinical work.

ENTRANCE REQUIREMENTS

Applicants should:

1. Be at least 23 years old and proficient in English
2. Possess a degree in Counselling, Psychology or Social Work and/or post graduate diploma in Social Work or Counselling
3. Have completed CST, CSA or PGC-STA (conducted by CCC) or equivalent of a postgraduate certificate/basic course in systemic thinking and family therapy with at least 40 training course hours.
4. Be social workers/youth workers/counsellors/psychologists who have a minimum of 2 years of relevant work experience and currently working with children/youth and their families at children and youth services, family service centres, residential homes, schools, medical and psychiatric hospitals.
5. Obtain relevant permission for audio/video recorded materials to be utilised for supervision in class, and/or for clients to be brought in for live supervised practice.

REQUIREMENTS FOR COMPLETION

Methods of Assessment

Project Paper

Trainees should:

1. Attendance of at least 80% of total 84 course hours.
2. Submit and pass (Score 50% and above) a project paper
3. Complete clinical log of children/youth related work (20hrs);
4. Video supervision presentation

Trainees will be awarded 'Post Graduate Certificate in Systemic Practice with Children, Youth & their Families' upon fulfilling the Requirements for Completion.

Opportunities for Further Education

Post Graduate Diploma in:

- Family and Systemic Practice

APPLICATION

2024 Intake

Date of commencement: 13 September 2024

Date of completion: 13 December 2024

Documents for Application

Submission of the following supportive documents is required for processing of the application:

1. CV
2. Educational qualifications and highest English language proficiency (with grades attained, if applicable)
3. Completed [Letter of reference from the home agency/ Employer](#)
4. Completed [Certification by Centre Head](#)

Shortlisted Applicants

- Shortlisted applicants will be notified via email within 7 days from the closing date of application if they are accepted to the course.

How to Apply

Please submit the Training Application Form when the applications are open.

Kindly refer to our website for updates of the closing date.

Course Fee

Course Fee: \$5,232.00

FPS Premium: \$52.32

Total Course Fee: \$5,284.32

No. of Instalments: 1

Application Fee: \$81.75

All fees quoted are inclusive of GST.

*FPS is Fee Protection Scheme. FPS premium amounting to 1.0% of the Course Fees (subject to a minimum premium of S\$25.46) will be paid by the trainee. Application fee, FPS premium, and GST are non-refundable.

For more information about fee payment structure, please refer to the following link in our website.

<https://counsel.org.sg/fee-payment-structure>

Contact Us

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