

# Unravelling Trauma, Weaving Resilience. Playful Collaborations with Children, Families and their Networks

## Calling: Family Counsellors, Social Workers, Psychologists, Psychotherapists, Psychiatrists, etc.

Talking directly about painful or traumatic experiences can lead to overwhelming emotions, problematic actions with children, young people or families. In this workshop, we invite participants to contribute in playful ways to unravel the tentacles of trauma and re(dis)cover a sense of agency, belonging and coherence. We will look in unexpected corners for safe places to build 'a team of support and solidarity'.

### Key Takeaways

- Navigate through counselling and therapy processes using systemic and narrative framework in contexts of relational trauma
- Create a safe ground and 'riverbank' as a platform from which to discuss and explore difficulties and trauma
- Initiate and build networks of resilience
- Understand systemic concepts of agency, belonging and coherence
- Know and apply playful, systemic and narrative approaches and methods

**October 28 and 29, 2024 | 9 am to 5pm | Sabine Vermeire**

Click the following icons!



- Narrative and Systemic trainer, psychotherapist and supervisor
- Associated trainer at The Institute of Narrative Therapy (UK) and faculty of Dulwich Center
- Works at Interactie-Academie, training and therapy center in Antwerp, Belgium

Sabine has more than 30 years of experience engaging in several youth care projects and goes on therapeutic journeys with children, youngsters and families in context of trauma, violence and abuse. She leaves the beaten tracks in playful and creative ways when speaking becomes difficult.

### Podcast



Sharon's comments:

*Sabine Vermeire is a highly experienced therapist and trainer in systemic and narrative ideas from Belgium. Her teaching is clear and accessible for all as she bridges theoretical frameworks and skills from systemic, narrative and dialogical approaches. In her clinical work, she maintains a respectful stance for young people and their families. She strongly believes in not forcing them to speak when they are not ready, especially about difficult circumstances that they had experienced. Instead, through her creative, inspiring co-research and playful ways of connecting with the young people, she is able to weave narratives of resilience and healing in their relationships and context.*

**\$1,308.00/pax with GST (Lunch & Tea-breaks provided)**

*Eligible NCSS/ MSF-funded Social Service Organisations only.*

- \$915.60/pax with GST (Singaporean/PR)
- Pre-approved PCG subsidy of \$392.40

**REGISTER NOW**

**By 24 Oct, limited spaces for PCG subsidy**



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