

## **Bio**

Goh Xin Ying is a dedicated therapist who values genuine connections and provides a secure space for individuals to authentically share their unique stories. Her challenging upbringing has granted her a profound understanding of the transformative power of compassion, self-connection, and meaningful relationships in fostering desired healing and change.

During her downtime, Xin Ying embraces adventure and immerses herself in diverse cultures for inspiration. She enjoys diving, cycling, rock climbing, and art jamming, constantly seeking new experiences and pushing her boundaries. Her zest for life shines through her enthusiasm for treks and hikes, finding solace and renewal in the embrace of nature!

## **Educational Background**

- B.A. Social Work, Singapore University of Social Sciences
- Grad. Dip. (Counselling Practice), Counselling and Care Centre

## **Accreditations**

- Registered Social Worker, Singapore Association of Social Workers (SASW)