Bio

Jade's passion is to co-create more life-giving possibilities with clients, supervisees and trainees. She finds it deeply meaningful to support fellow professionals in their journey through compassionate supervision which has stemmed from her belief that it is important to Care for the Carers - especially in these high-stress, complex and fast-paced social service work contexts, where Carers face challenges, traumas and also triumphs. She is an ardent reader and nature-lover who lives by the quote - "Nature is MY therapist". She loves her nature walks (and takes amazing photos while at it), reading (spiritual books, novels, women's magazines) and playing board /card games with her husband and son.

Educational Background

- Bachelor of Social Science (Honors), Majoring in Social Work
- Graduate Diploma in Counselling Practice
- Post Graduate Diploma in Clinical Supervision

Accreditations

- Registered Social Worker and Recognised Supervisor with the Singapore Association of Social Workers
- Registered Counsellor and Registered Supervisor with the Singapore Association of Counselling