

Back in Singapore:

Dyadic Developmental Psychotherapy (DDP) L1 Workshop

*by Hannah Sun-Reid &
Dan Hughes, Ph.D.*

Organised by:



This evidence-based, attachment-based course is part of a formal certification pathway:

L1 → L2 → Practitioner

PRICES AND DETAILS ON HIGHER LEVELS
TO BE ADVISED

*Be a certified
DDP clinician today!*

May 21-22, 25-26, 2026
\$1,800 / pax* (Before GST)

*PENDING PCG SUBSIDY

**FULLY
SUBSCRIBED**

**WE WILL ANNOUNCE
THE NEXT RUN SOON—STAY
TUNED.**

Course Synopsis

DDP is a therapeutic intervention model developed by Dr. Dan Hughes, Clinical Psychologist and celebrated author from Pennsylvania, U.S.A. Dan created DDP as a treatment for families with adopted or fostered children who had experienced early life trauma. It has now expanded to working with children and families in a variety of settings.

DDP is an **evidence-based, attachment-based and family-based approach**, focused on facilitating the child's readiness and ability to establish a secure attachment with their caregivers.

It **integrates recent research in neurobiology of trauma, early child development and attachment theory** to produce a therapeutic and parenting approach that assists professionals to understand and effectively support children with trauma-attachment problems and their families.

Who Should Attend

This course is for social workers, educators, therapists or **anyone who works with children with developmental trauma** and children that show attachment and relational difficulties.

Topics Explored

- Theory, research and links between attachment, the impact of trauma and interpersonal neurobiology
- Intersubjectivity theory
- **PACE** (Playfulness, Acceptance, Curiosity and Empathy)
- Affective-Reflective dialogue
- Making sense of behaviour and understanding shame, fear and rage
- Steps toward parent-child communication
- Assessing, engaging and working with parents and caregivers
- The importance of understanding and addressing Blocked Care
- Day-to-Day Parenting: a framework for parenting
- Application of DDP to different circumstances

Learning Objectives

DDP Level One training introduces the DDP model, the core components of DDP, and explores working with parents and caregivers and in different workplace environments.

Participants would also gain an understanding of the impact of secure attachment on aspects of development and how developmental trauma impedes normal development.

Please see ddpnetwork.org for more details of this model, its trainings and certification structure.

Our Trainers



Dan Hughes, Ph.D.

Dan Hughes, Ph.D. is a clinical psychologist who founded and developed Dyadic Developmental Psychotherapy (DDP), the treatment of children who have experienced abuse and neglect and demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model has expanded to become a general model of family treatment.

He has conducted seminars, workshops, and spoken at conferences throughout the US, Europe, Canada, and Australia for the past 25 years. He is also engaged in extensive training and supervision in the certification of therapists in his treatment model, along with ongoing consultation to various agencies and professionals. He is past-president of DDPI, a training Institute which is responsible for the certification of professionals in DDP.

Dan is the author of many books and articles. These include *Building the Bonds of Attachment* (2012), *Brain-Based Parenting* (2012) (co-authored with Jon Baylin) and *The Neurobiology of Attachment-Focused Therapy* (2016). More recently, he wrote *Healing Relational Trauma with attachment focused interventions* (2019) with Kim Golding and Julie Hudson, and *Healing Relational Trauma Workbook* (2024) with Kim Golding.



Hannah Sun-Reid

Hannah Sun-Reid is a psychotherapist with over 30 years of experience working with children and families. She is a certified practitioner, supervisor, and trainer in Play Therapy, Theraplay, and DDP. Hannah provides clinical supervision and training both nationally and internationally.

For the past 20 years, she has been directly mentored by Dan Hughes and has conducted DDP training sessions in Canada, Singapore, Australia, New Zealand, and China. Additionally, Hannah is the author of therapeutic books and games for children.

She lives and works in southern Ontario, Canada.

Course Schedule

Day & Session	Session Overview	Intended Learning Outcome
May 21, 2026 Thursday	<p>AM Session:</p> <ul style="list-style-type: none"> • DDP Overview • DDP Principles <p>PM Session:</p> <ul style="list-style-type: none"> • Neuroscience, Attachment, Relational Trauma, Blocked Trust and Shame • Intersubjectivity 	<p>AM Session:</p> <p>Understanding the DDP framework and the theoretical foundations to DDP</p> <p>PM Session:</p> <p>Understand the impact of secure attachment on aspects of development and how developmental trauma impedes normal development</p>
May 22, 2026 Friday	<p>AM Session:</p> <ul style="list-style-type: none"> • Affective Reflective (A-R) Dialogue <p>PM Session:</p> <ul style="list-style-type: none"> • All Components of A-R Dialogue 	<p>AM Session:</p> <p>Learn about and practice using the core components of DDP</p> <p>PM Session:</p> <p>Further learn and practice how to conduct A-R dialogue, such as <i>follow-lead-follow</i>, <i>creating joint attention</i>, <i>speaking for and about</i></p>
May 25, 2026 Monday	<p>AM Session:</p> <ul style="list-style-type: none"> • Working with Parents/Caregivers <p>PM Session:</p> <ul style="list-style-type: none"> • Parenting Brain and Blocked Care 	<p>AM Session:</p> <p>Understand how the caregiver's attachment history and attachment patterns can be important factors when providing care for children who have experienced developmental trauma</p> <p>PM Session:</p> <p>Learn and practise how to work with parents who are experiencing blocked care</p>
May 26, 2026 Tuesday	<p>AM Session:</p> <ul style="list-style-type: none"> • DDP Parenting <p>PM Session:</p> <ul style="list-style-type: none"> • DDP in Education and Residential Care 	<p>AM Session:</p> <p>Apply this framework as a therapeutic approach for children and parents and also as a parenting approach that can complement the therapeutic approach</p> <p>PM Session:</p> <p>Learn to apply this framework when working in educational settings and residential care settings</p>