



CERTIFICATE IN SUPERVISION FOR PROFESSIONALS (PREPARATORY COURSE IN SUPERVISION)

\$2,000 (before GST)

3, 17 (Thursdays)

11, 25 September (Fridays)

2026

Pending PCG Subsidy



Register



Connect @ City Square Mall
#04-05-#04-10
180 Kitchener Road
S208539



Course Synopsis

Effective supervision involves not only technical competence but also interpersonal skills, cultural awareness, and a commitment to professional growth. The trainers will address the common challenges in supervision:

- How do you evaluate the effectiveness of a supervisor?
- Can you give me an example of a supervisory relationship?

Learning Outcomes

- The course aims to prepare participants to become supervisors in the social and medical care settings.
- Participants will be equipped with knowledge and skills to transition from being a clinician to a supervisor.
- Participants would be introduced to basic concepts of supervision and professional ethics of being a supervisor.
- Participants gain practical skills such as giving feedback, dealing with disagreements from supervisees and how to manage the challenges of being a supervisor.

For whom is this course?

- Aspiring Supervisors who may have experience in their respective fields but are new to the supervisory role. These practitioners come from diverse backgrounds (e.g., psychology, education, nursing) and are transitioning into supervisory roles.
- Social Workers who play a crucial role in various settings, including healthcare, community services, and child welfare and possess expertise in understanding social issues, client advocacy, and case management.
- Supervisors who are experienced professionals who guide and mentor others in their field.

Course Content

Day 1 1 April 2026, Wednesday	Day 2 8 April 2026, Wednesday	Day 3 17 April 2026, Friday	Day 4 24 April 2026, Friday
<p><i>Trainers: Rebecca Lo, Nur Hilyah Saparin</i></p> <ul style="list-style-type: none"> • What is Supervision? • Different types of Supervision • Functions of Supervision • The role of Supervision in the growth of a clinician • Boundaries in supervision - Do's and Don'ts in supervision • Supervision contract 	<p><i>Trainer: Rebecca Lo</i></p> <ul style="list-style-type: none"> • Professional growth and development pathways of a professional • Learning and Deutero learning • Giving Feedback and Different types of appraisal systems • Dealing with different challenges that Supervisees might bring 	<p><i>Trainer: Nur Hilyah Saparin</i></p> <ul style="list-style-type: none"> • Different modalities of supervision - team, peer, group • Using tape reviews in supervision • Live supervision - interventive vs supportive 	<p><i>Trainers: Rebecca Lo, Nur Hilyah Saparin</i></p> <ul style="list-style-type: none"> • Self of the supervisor • Emotional challenges of the supervisor • Practice and role plays

Our Trainers



Rebecca Lo is an Associate Trainer of Counselling and Care Centre. For more than 27 years, she is engaged in working with families, children and youth in areas of counselling, casework and groupwork services, which include consultation to social workers/counsellors. In addition, she is very experienced as a trainer, as she is involved in teaching and supervision for the Graduate Diploma in Counselling Practice (2008-2021), the Diploma in Clinical Supervision (2010-2021), the Master of Science in Family and Systemic Psychotherapy (2007-2012), the teaching for the Post-Graduate Certificate in Systemic Thinking and Approaches (2013-2021) and the Post-Graduate Diploma in Working with Couples and Families (2014-2021).



Nur Hilyah Saparin works as a Principal Social Worker , Supervisor and Consultant (freelance). She has 22 years of experience in working with children and families facing varying challenges. With more than 10 years of social service management and practice leadership, she is passionate about coaching and training of social workers and social work leaders. She now freelances as a clinical supervisor for social service practitioners and conducts parenting programmes as well as consultations. Since November 2023, Hilyah has been empanelled as a Child Representative of the Syariah Court of Singapore.

