



INTRODUCTION TO SYSTEMIC THINKING & PRACTICE (ISTP)

Comprises both the Certificate in Foundational Systemic Thinking in Social Work and Clinical Practice (CST) and Certificate in Foundational Systemic Applications in Social Work and Clinical Practice (CSA). **Also known as Module 1 & 2 of SC-STA.**

CST introduces foundational systemic ideas that promote an appreciation / understanding of people, families, support networks and systems, from a relational lens and developmental life cycle perspective. **CSA** builds on this by bridging thinking to clinical and casework practice.

Who should apply?

Social workers, counsellors, case managers and practitioners at entry level or any level of experience working with individuals and families.

Details



Dates

4, 11, 18 Aug 2026 (CST)
25 Aug, 1 Sep, 15 Sep (CSA)



Time

09:00 am - 05:00 pm



Fees breakdown

CST: \$1,350 (before GST)

GST: \$121.50

Pending PCG Subsidy (Eligible NCSS/ MSF-funded social service organizations only)



CSA: \$1,600 (before GST)

GST: \$144

Pending PCG Subsidy (Eligible NCSS/ MSF-funded social service organizations only)

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[August 2026 Run](#)



[January 2027 Run](#)



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Course Content

Module	Course Content	Course Objectives
CST (ISTP Part 1)	<ul style="list-style-type: none">• Introduction to Systemic Thinking• The development of the self in the relational world• Problem development and resolution	<ul style="list-style-type: none">• Be equipped with a holistic approach in understanding complex issues beyond the presenting symptoms that are manifested in individuals and families.• Enhance Trainees with a deeper level of self-awareness and begin to develop greater self-reflexivity
CSA (ISTP Part 2)	<ul style="list-style-type: none">• Reflexive practice (I): Way of Being;• Therapeutic practice: Interventive Interviewing (I)• Reflexive practice (II): Safe uncertainty and relational risk-taking;• Therapeutic practice: Interventive Interviewing (II)	<ul style="list-style-type: none">• Incorporate systemic thinking into practice through a more conversational approach to working with others.• Deepen their self-reflexivity through examining their relational positioning and stance in the context of uncertainty and risks

Why Sign Up?

ISTP introduces participants to Systemic Therapy, which is a holistic approach that goes beyond individual therapy work. By learning how to address complex issues within the broader social contexts such as families, work or couples, practitioners would be equipped with the skill to develop robust problem-solving tools.

