

Dyadic Developmental Psychotherapy (DDP)

L2

by Hannah Sun-Reid

Organised by:



This evidence-based, attachment-based course is part of a formal certification pathway:

L1 → L2 → Practitioner

Be a certified
DDP clinician today!

24, 25, 28 & 29 September 2026
Thurs, Fri, Mon and Tues

\$2,500 / pax* (Before GST)

*PENDING PCG FUNDING
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Course Synopsis

DDP is a therapeutic intervention model developed by Dr. Dan Hughes, Clinical Psychologist and celebrated author from Pennsylvania, U.S.A. Dan created DDP as a treatment for families with adopted or fostered children who had experienced early life trauma. It has now expanded to working with children and families in a variety of settings.

DDP Level Two is an advanced training course in Dyadic Developmental Psychotherapy (DDP).

This training equips you to understand the DDP principles and to develop their use within your practice.

It is open to people who have completed DDP Level One, and use DDP principles and interventions in day-to-day professional work.

Who Should Attend

Any professionals who are working and supporting children and families who have experienced relational trauma experiences; in addition, you have completed DDP Level one training.

After the workshop

- Be more confident in integrating the DDP model into your clinical practice.
- Be more aware of and able to organize the impact of your own attachment history on the therapy process.
- Gain experience in receiving supervision on your clinical work.

Learning Objectives

- To gain a deeper understanding of the theory and practice of the interventions and parenting principles used in this approach
- To follow up on any relevant themes that participants would like more teaching on
- To provide participants with the opportunity to explore how their attachment history and experiences may inform and have an impact on their work (in small groups of 3 people for one hour a day)
- To have opportunity to receive supervision about your work

Our Trainer



Hannah Sun-Reid

Hannah Sun-Reid is a psychotherapist with over 30 years of experience working with children and families. She is a certified practitioner, supervisor, and trainer in Play Therapy, Theraplay, and DDP. Hannah provides clinical supervision and training both nationally and internationally.

For the past 20 years, she has been directly mentored by Dan Hughes and has conducted DDP training sessions in Canada, Singapore, Australia, New Zealand, and China. Additionally, Hannah is the author of therapeutic books and games for children.

She lives and works in southern Ontario, Canada.

Course Schedule

| Day & Session | Session Overview | Intended Learning Outcome |
|--------------------------------|---|--|
| September 24, 2026 Thursday | <p>AM Session:</p> <ul style="list-style-type: none"> • DDP Review <p>PM Session:</p> <ul style="list-style-type: none"> • Exploration of own attachment theory • Case supervision and role play | <p>AM Session: Deepen knowledge of DDP</p> <p>PM Session: Deepen understanding of adult attachment history and its impact on practice</p> |
| September 25, 2026 Thursday | <p>AM Session:</p> <ul style="list-style-type: none"> • DDP Process including the 8 features of the sequential process of DDP <p>PM Session:</p> <ul style="list-style-type: none"> • Exploration of own attachment history • Case supervision and role play | <p>AM Session: Deepen understanding of DDP process</p> <p>PM Session: Deepen understanding of adult attachment history and its impact on practice</p> |
| September 28, 2026 Monday | <p>AM Session:</p> <ul style="list-style-type: none"> • DDP clinical skills – use of metaphors <p>PM Session:</p> <ul style="list-style-type: none"> • Exploration of own attachment history • Case supervision and role play | <p>AM Session: Building clinical skills</p> <p>PM Session: Deepen understanding of adult attachment history and its impact on practice</p> |
| September 29, 2026 Tuesday | <p>AM Session:</p> <ul style="list-style-type: none"> • The challenges of working with parents <p>PM Session:</p> <ul style="list-style-type: none"> • Exploration of own attachment history • Case supervision and role play | <p>AM Session: Apply this framework as a therapeutic approach for children and parents and also as a parenting approach that can complement the therapeutic approach</p> <p>PM Session: Learn to apply this framework when working in educational settings and residential care settings</p> |