Counselling and Care Centre's

Systemic Learning Fest

Systems at Play: A Festival of Creativity, Curiosity and Collaboration

17-18 February, 2027 | Wednesday and Thursday, 9AM-5PM

CCC invites you to our Systemic Learning Festival, which is designed for local social service practitioners who are interested in deepening theoretical understanding and strengthening practical skills. With a strong emphasis on clinical application in the Singapore context, participants will explore how systemic ideas can address clients' concerns and practitioners' struggles through experiential learning and skills practice.

2 Days. Morning & Afternoon Sessions. 8 Workshops Per Day.

Choose your intended workshop for each session!

Fees

$600 (before GST) for 2 Days
$300 (before GST) for 1 Day

PCG Subsidy (Funding amount pending, only for 2-day Attendees and eligible SSAs)

Attendees of 2nd Singapore Systemic Family Therapy Conference get an additional $200 off course fees!

Register Now!

Who should attend the Systemic Learning Fest?

The Systemic Learning Fest is suitable for counsellors, therapists, social workers, community practitioners, psychologists, or any supervisor in an administrative capacity.

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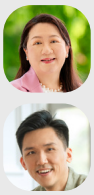
17 February AM Workshops

Using Creative and Therapeutic Tools to Generate Reflection and Meaningful Conversations with Practitioners and Supervisors

by Jade Low and Andrew Chong



Rather than simply hearing about creative approaches, participants will experience firsthand how therapeutic tools can be used, and what effects they can have on engagement, reflection and depth of conversation. Particular attention is given to the intentional use of questions woven together with these tools. Participants will leave with a broader appreciation of how therapeutic tools can be incorporated into their own groupwork and supervision practice, along with practical, felt experience of using them well.

Stories That Keep Us Going: Strengthening Professional Identity Through Narrative Practices

by Charlotte Chen and Ang Kai Fen

This experiential workshop invites practitioners to pause, reflect, and reconnect with their professional stories. Drawing on narrative ideas such as outsider witnessing and remembering conversations, participants will have the opportunity to explore what initially inspired them to enter the profession, acknowledge the skills and values that guide their practice and identify the people, past and present, who form their team of support. Through storytelling, participants will experience first-hand the power of having their preferred stories witnessed, enriched, and thickened.

Risk Management and the Self of the Worker: Reflecting on Our Response-Ability Through the Bowen Lens

by Tremandy Ng and Ong San San

Drawing on selected concepts from Bowen theory — including differentiation of self, triangles and emotional processes — participants will gain a deeper understanding of their own reactions within risk-management contexts. The session helps practitioners identify familiar patterns that can surface under pressure: over-responsibility, reactivity, distancing, or getting pulled into relational dynamics that aren't theirs to carry. Participants will leave with practical insight into their own patterns of response, and a stronger foundation for staying grounded and effective in high-anxiety practice environments.

Application of Systemic-Attachment Concepts in Working with Mandated Clients

by Tony Ong

This workshop offers social service practitioners the opportunity to consider the value and principles in working with clients who have been mandated beyond social control functions using systemic and attachment ideas. Drawing on systemic-attachment principles, the workshop offers participants a way to understand and assess the relationship with mandated clients as it evolves.

17 February PM Workshops

Reflecting with Irreverence about Irreverence in Clinical Supervision

by Foo Soo Jen

Participants will develop an understanding of what irreverence means in a supervisory context leave with a felt sense of how irreverence can shift stuck conversations, along with practical ways to bring this stance into their own supervisory practice. This session introduces irreverence as a way of engaging with supervision that disrupts habitual thinking, opens up new angles, and brings energy and flexibility to how dilemmas are explored.

Learning to Fail, Failure to Learn: Identity Conversations Using Narrative Therapy

by Sharon Sng

This workshop introduces the key ideas of narrative therapy and shows how to separate who a person is from the failures they've experienced. Participants will learn the difference between learning to fail, which leads to growth, and failure to learn, which is rooted in shame. We'll also look at how social and cultural messages shape the way people see failure. Through hands-on practice with narrative tools such as externalizing, re-authoring, re-membering and outsider witness, participants will learn to help people let go of old failure stories and write new ones they prefer.

Application of Systemic concepts in Managerial or Administrative Supervision in Social Services

by Tony Ong

This workshop encourages social service practitioners to reflect on and consider the use of Systemic concepts in the context of managerial/administrative supervision that would leave a reverberating effect on supervisee's work with clients in social services while fulfilling the contextual needs. In this workshop, optimal benefits are gleaned from active participation to reflect, evaluate and discuss participants' current practices in managerial/administrative supervision based on the systemic-attachment concepts that would be covered.

Working towards Safe Uncertainty: Reflecting on Risk Management in Helping Relationships

by Pek Yan Zhan

Participants will explore the core principles of Barry Mason's Safe Uncertainty framework and examine how it connects to established risk management practice. Through discussion of local case scenarios and practice-based situations, the session grounds these ideas in real decision-making contexts, giving participants the chance to apply the framework rather than simply hear about it. The session also invites reflection on how risk management thinking shapes practitioner judgment and considers how adopting a stance of safe uncertainty can strengthen both confidence and quality of decision-making under pressure.

18 February AM Workshops

Warming the Room: Using the Dialogical Approach to Foster Collaborative Systemic Practice

Guest Presenters
by Vera Chua, Chan Hui Xian and Jean Ng

This experiential workshop introduces the Dialogical Approach and its various dialogical tools for use in family therapy, including the Worries Questionnaire, Dialogical Feedback Questionnaire and Self-Supervision Questionnaire. Through demonstrations, practice exercises and locally grounded reflection, participants will explore how brief written and visual prompts can surface different family perspectives, strengthen feedback conversations and support therapist self and relational reflexivity.

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Walking Alongside Our Seniors: Enriching Relational Work with Older Adults and Their Families

by Priscilla Tor

This 3-hour workshop offers practitioners a dedicated space to pause, see, and formulate systemically before doing or intervening. Grounded in the updated Person-in-Context Framework and Social GGRRAAACCEEESSS, participants will learn to map the multi-directional interconnectedness of late-life ecosystems. By exploring worker-client social identities, power dynamics, and the recursive feedback loops behind perceived "stubbornness/resistance", practitioners will cultivate deep self and relational reflexivity to approach seniors with genuine curiosity and respect.

Collaborative Inquiry: Exploring Sequences of Interaction in Clients' Relationships through a Bowen Theory Lens

Guest Presenters
by Sarah Soh, Steven Soh and Diane Wee

Using a Bowen Theory lens, participants will explore how process questions can be used to trace an interaction sequence with clients. This involves slowing down a relational event and becoming curious about what happened, how each person responded, and what happened next. Through this process, the clinician and client can jointly explore the reciprocal flow of interactions, with the clinician facilitating the client's own curiosity about the relational process and developing a fuller understanding together.

18 February PM Workshops

TRIP as a Therapeutic Posture for Vulnerable Families

by Dr. Chua Wei Bin

Every practitioner brings assumptions, values, and ways of being into the therapeutic space. While often unspoken, these influence how we engage clients, make sense of their experiences, and respond in moments of uncertainty. This workshop invites participants to reflect on the often-hidden dimensions of their therapeutic posture and consider how these shape their clinical practice. Through reflection and discussion, attendees will develop greater awareness of their own therapeutic stance and explore ways of practising with greater intentionality, curiosity, and responsiveness in their work with individuals and families.

Beyond the Divorce Story: Reflections from Narrative Group Work with Divorcing/Divorced Men

Guest Presenter
by Haiqal bin Latif

This workshop shares reflections from a six-session group conducted with divorcing and divorced men, drawing on narrative ideas to explore identity, relationships, fatherhood, and the impact of problem-saturated stories. Rather than presenting a model or teaching narrative therapy, the workshop offers a practice-based account of what we did, what we noticed, what surprised us, and what we continue to wonder about.

Play towards Safety!: Using Play as An Intervention with Abuse and Neglect Cases

Guest Presenters
by Shaileen Ng and Khoo Yunwei

This workshop invites participants to explore the role of playfulness as a relational and systemic intervention approach when working with complex families affected by abuse and neglect. Drawing on systemic and trauma-informed practice, the session will examine how playful engagement can help practitioners access family strengths, understand interactional patterns, and navigate the multiple relational, cultural, and ecological contexts that influence family functioning.

Use of Domain of Actions (DOA) in Casework in the Context of Risk Management

Guest Presenters
by Nisa Nurdini Binte Johar and Prema Mohan

The workshop aims to share on the DOA model and first order and second order change. Participants would be able to experience the application of the model through role plays and group discussions in the context of casework and risks management. Participants are invited to exercise their reflexivity throughout the workshop. While the trainers are FSC practitioners, we invite participants from varied settings to contextual the DOA model to practice in their unique setting.